Advanced Aesthetics Skin, Vein and Laser Genter

Mohs Surgery for Skin Cancer

## Using advanced technology to give you better results.

Skin Care • Skin Cancer • Cosmetic Skin Surgery

### Wayne Marley, MD, Dermatologic Surgeon

- Triple Board-Certified: American Board of Dermatology, American Board of Laser Surgery, American Board of MOHS Micrographic Surgery & Cutaneous Oncology
- Diplomate: National Board of Medical Examiners
- MD: SUNY, Upstate Medical Center
- Member: American Academy of Dermatology, American College of Phlebology (Past President & Board Member), American College of MOHS Micrographic Surgery & Cutaneous Oncology, American Society for Laser Medicine & Surgery, American Society for MOHS Surgery

#### ...MOHS Surgery for Skin Cancer

 CLIA Level III state-certified office lab

### ...Leg Veins

- Sclerotherapy & lasers for spider vein removal
- Ultrasound-directed sclerotherapy for varicose veins

### ... Facial Rejuvenation

- PhotoGenesis IPL for nonablative skin resurfacing & pigment problems
- LaserGenesis™ for facial redness, fine wrinkles, rosacea & blood vessels
   Rejuvenating skin peels
- Juvéderm, Restylane, Radiesse, & BOTOX<sup>®</sup> COSMETIC for wrinkles & scars

#### ...Hair Removal

 CoolGlide<sup>®</sup> laser hair removal system

#### ....Skin Problems

- · Advanced treatments for:
- Moles
  Birthmarks
- Facial scars
- Sun-damaged skin
- Skin pigment problems

#### ...Quality Care & Convenience

- The modern equipment & methods for skin & laser surgery
- Participates with most carriers

We would greatly appreciate if you would read these instructions for your preoperative care at least ten days before the date of surgery. Please remember that the surgical procedures done in our office are not of any less importance than if done in the hospital. Your rest and care of the surgery site are just as crucial. You should avoid any strenuous activities upon your return home.

## **BEFORE SURGERY**

1. Take all the medications you normally take, unless we have specifically told you not to. If you have any questions, please ask.

2. No aspirin or aspirin like medications for ten days prior to and five days after surgery, unless you take them because you had had a previous stroke, cardiac bypass, stent, or TIA. If you take Aspirin, Advil, Bufferin, Anacin, Motrin, etc. for every day aches and pains, take Tylenol instead. If you have a headache prior to surgery, take Tylenol. Do not take any other headache, pain or anti-inflammatory remedy unless you first call our office. This is very important to minimize the bruising and bleeding you will have from the surgery. If you have any questions concerning any medication, please call the office first, before you take it.

3. No alcohol for two days before and two days after surgery.

## THE DAY OF SURGERY

1. Please **wear a dark colored shirt** that buttons down all the way. Do not wear a pullover garment. **Remove any jewelry** that is near your surgery site, e.g. rings, earrings, necklaces, bracelets, watches, etc. Shower or bath e and wash your hair as you usually do as the band age may prevent this after surgery.

2. Please make sure that we are aware of any allergies that you may have and all medications you take.

3. **If you are having surgery on your eyelids**, or if you require any tranquilizer medication, it will be necessary to have someone arrange to drive you home from the office. **If your site is on your hand**, please bring a sling as this will rest your arm and make your recovery period more comfortable. **If your site is located on your leg or foot**, ladies please wear a dress, capris, or very loose sweat pants so we can have easy access to the site. We need 18 inches above your site clear of any clothing to reduce the infection rate. If your clothing can't get up that high, it will be necessary for you to remove your pants for each stage of surgery. Please do not wear panty hose for that obvious reason. Gentlemen, loose pants or sweat pants that yield the 18-inch clearance.

4. If you smoke, it is best if you can stop for one week prior to and one week after surgery. Smoking does slow down the healing process.

# 5. If you have any questions, please ask.

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## **INSTRUCTIONS PRIOR TO SURGERY**