

## **POST OP INSTRUCTIONS FOR EAR WOUNDS**

Dear Patient,

When we have an ear wound with exposed cartilage, it is necessary to use a vinegar solution instead of hydrogen peroxide. While you follow the instructions outlined in the wound sheet, you will substitute this “vinegar solution” in place of “hydrogen peroxide”.

### **VINEGAR SOLUTION FOR SOAKING**

1. Boil one (1) quart of water in large pot.
2. Add 1/2 cup of vinegar; either white or red will do.
3. Let cool until warm.
4. Place in a clean jar, such as a juice jar which has been washed and cleaned in the dishwasher, or in boiling water.
5. Clean the wound as instructed, using this warm vinegar solution in place of the hydrogen peroxide.
6. Wet a clean wash cloth with this warm vinegar solution and apply the wash cloth to the ear for 5 or 10 minutes. This will make the wound easier to clean and care for.
7. Apply dressing as instructed.
8. The vinegar solution may be stored in the refrigerator and re warmed before each use.